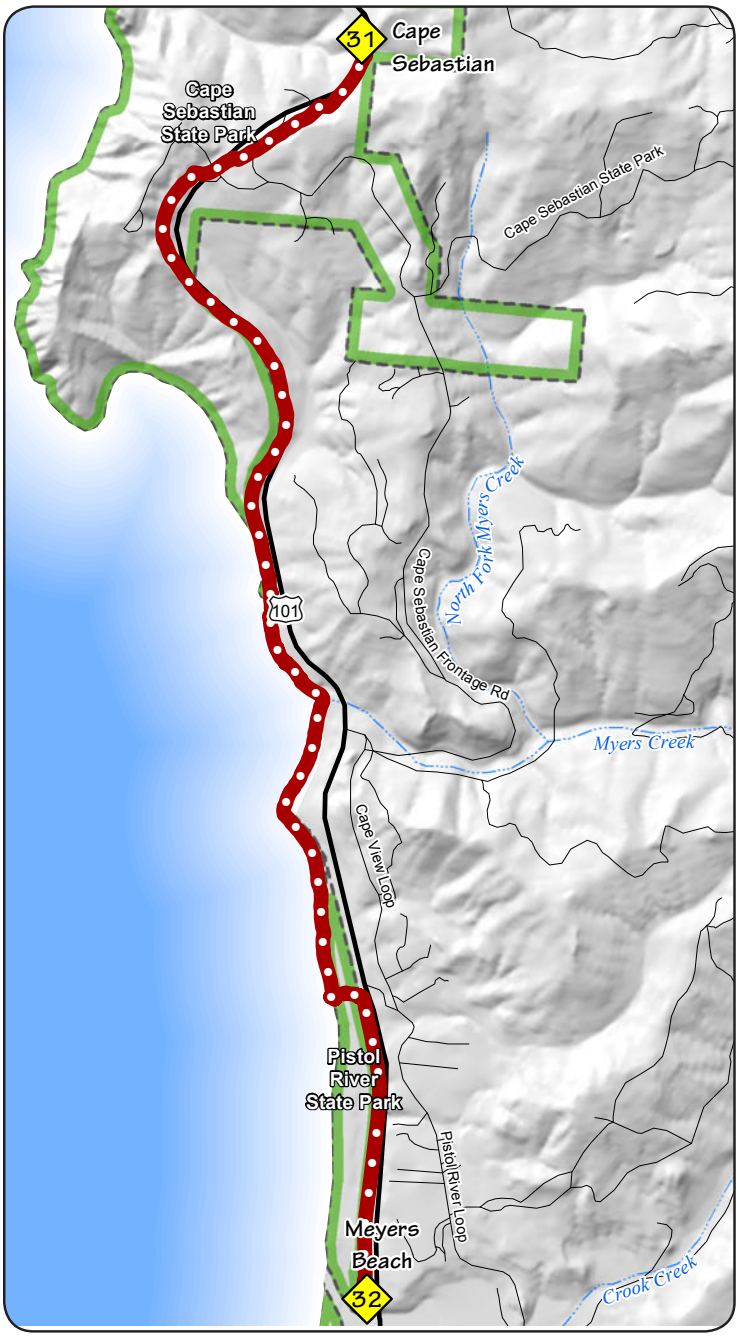
Leg 32 - 5.0 Miles - Challenging

Potential Cell Coverage



LEG DESCRIPTION – Challenging

Terrain – Nice downhill to flat Beach, tough exit from Beach to Hwy 101

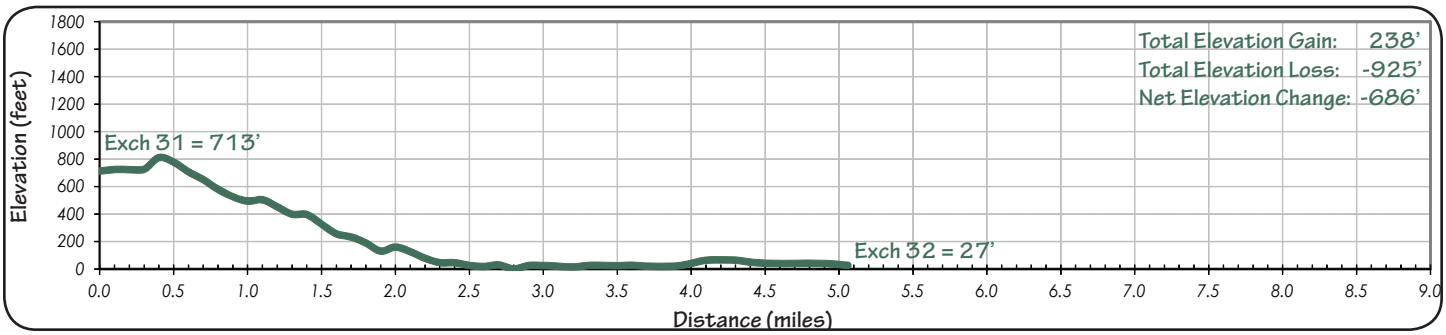
Surface – Asphalt and Beach

LEG NOTES – Run on the shoulder of Hwy 101 down to the Myer's Beach entrance, enjoy one of the most beautiful Beach's on Earth!

CAUTION – Run with traffic, be alert to oncoming vehicles.

Vans – Support runners in turnouts.

Exchange Parking – Tight

Mileage

.3	Cape Sebastian sign
.6	Cape Sebastian Rd on Right
1.8	MM 336
2.3	Entrance to Myer's Beach (hole in guard rail)
3.8	Exit Beach follow signs
4.0	Turn right to continue on Hwy 101
5.0	Exchange on right in wide spot just before Pistol River Bridge