

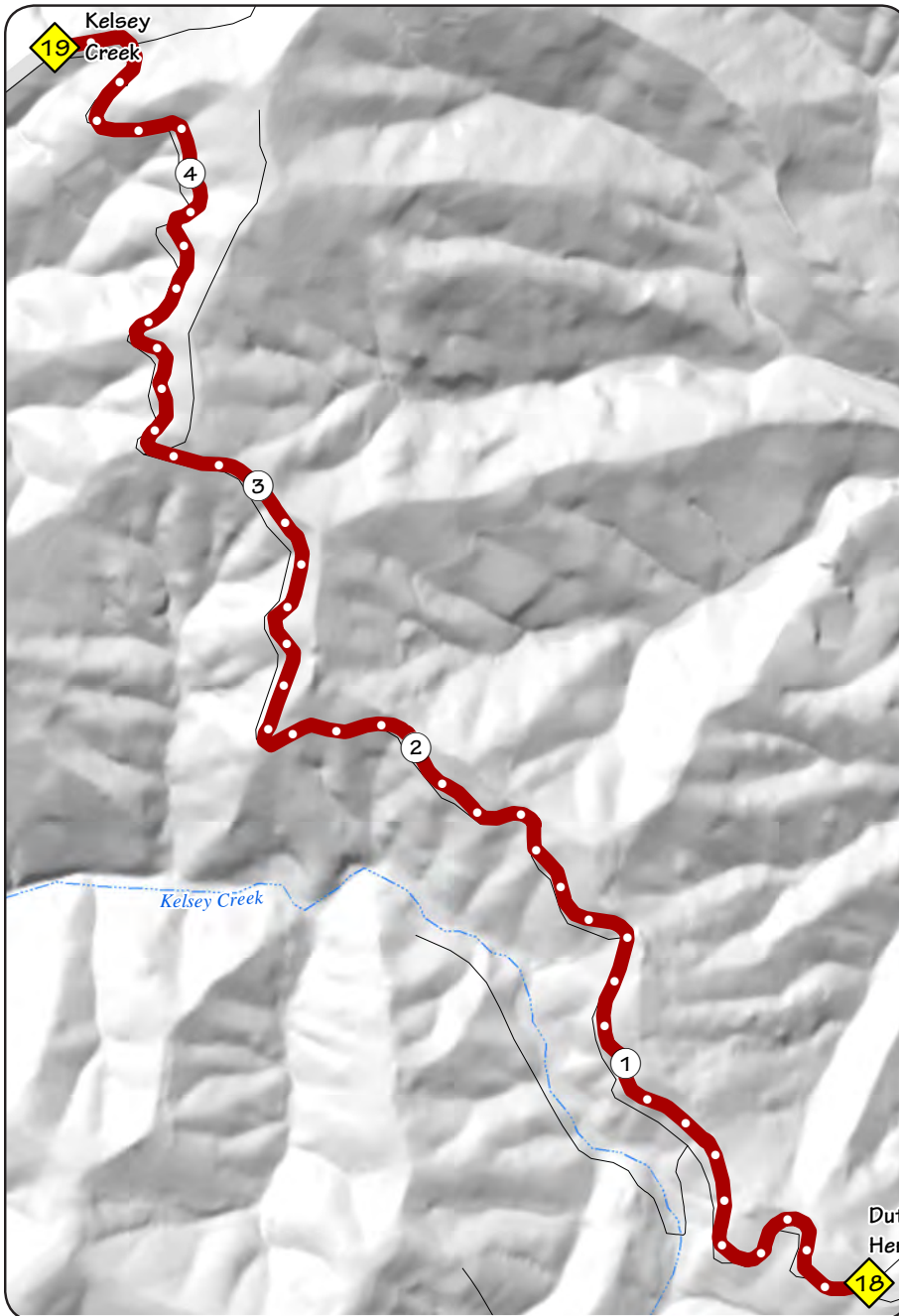
LEG 19 - 4.7 MILES - CHALLENGING



Ex 19 opens: 9:00 pm
Run side: **LEFT, facing traffic**

No Cell Coverage

Safety equipment
hours: 7pm to 7am



Leg Description: This one continues to roll along, climbing and descending on a beautiful paved BLM Rd. Please run on the right with traffic, this will enable the active vans to keep an eye on you, while the inactive vans travel on to XC 24.

Surface: Asphalt

Van Instructions: This is where it really gets fun! Up to this point the relay has been spread pretty thin. In the next 40 miles all participants are going to be mixing it up, with the faster runners blazing a trail through the rest of us average Janes and Joes. It is critical that we look out for the runners as the inactive vans heading to exchange 24; attempt to get there for a few winks of needed sleep as quickly as possible. The speed limit on this Rd is 35 for a reason. Under ideal conditions, that is pretty easy to do. But we really need the inactive vans to please be careful and take it easy.

From the Major Exchange:

- 0.0 Turn left onto the BLM Rd
- .3 Gravel Rd turns to the right
- .75 Roads to right and left
- 1.3 Gravel Jeep Rd to the right
- 1.7 BLM Rd 32 - 3 -301 goes to the right
- 2.0 Gravel wide spot on the left
- 3.0 Rd goes down - hill on the left
- 3.2 Road on the right with a yellow gate
- 4.7 Exchange at wide gravel lot

Ex 19 coordinates: 42°44'56.4"N 123°40'38.5"W

